

The Rhythm
Within Presents:

*"There's
nothing you
can do that
can't be
done,
there's
nothing you
can sing
that can't
be sung.
There's no-
where you
can be that
isn't where
you're
meant to be.
It's easy!"*

-John

Lennon



*"Heart-
strings
hold
tighter
than the
roots of a
live oak
tree...."*

*-Allison
Kraus*

The Beat....

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The Rhythm Within and the Special Needs Community; Singing in Perfect Harmony!

In 2004, The Rhythm Within opened its proverbial doors to the special needs community. The concept was simple: To provide therapeutic mentoring for children and young adults experiencing special needs. To grant support and respite to the families, to provide fun and nurturing to the clients, and to help bridge the gap between these special people and the community at large.

The results have been a true win-win situation. Now entering into our fourth year of business, there is a momentum building and a dream coming into realization. Currently serving over 20 families, The Rhythm Within is honored to play a part in the lives of these amazing people.

Where will we go from here? The goal is three-tiered. First, to continue to serve the current and future clients and families with regularly scheduled mentor-



Erik, Jonah, P.J., Peter, and Jeff at the Pepsi Center to watch the Nuggets play the Lakers.

ing sessions. Providing dependable and creative activities with which to encourage growth and change. Second, to expand our repertory of larger group activities and adventures. To allow for

our clients to experience the social network of their friends in the metro area. And lastly, to employ the highest quality mentors to expand the number of client families we serve, and to eventually move into an office/therapy space that would employ our clients to work along side of us to meet the mission of The Rhythm Within.

Part of our goals will be met quickly, and part will be met down the line, but there is a strong desire on our part to provide the highest quality of services for our clients and their families, and to continue to realize the potential of The Rhythm Within!

The Rhythm Goes "Pop-Free"



In the beginning of 2007, the Rhythm Within initiated a "Pop-Free" policy for all of its clients and client activities. In an attempt to promote better health and to educate our clients about unhealthy practices, we are no longer consuming soda-pop of any kind. In its place, we offer the

choices of juice and water.

The client response at first was less than favorable, yet after several months, Rhythm clients are proudly telling waiters and waitresses, "Just water please!" These clients are able at any point to explain the reasons why

pop is not healthy and why water is. They are a true testament to the ability of the young to embrace a positive change. Health is always an underlying goal in our client work. And it is also paramount to have the clients on board with this mission. On we go!

The Rhythm Within; Serving the special needs community.....

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Do you know of a family that could use our support? Do you know of a way in which you would like to support The Rhythm Within? Please feel free to contact us at any time.

We are here to serve you!



All You Need Is Love.

In August of this year, The Rhythm Within set off to Red Rocks Amphitheater to see **1964; A Tribute**. This is the worlds' most revered Beatles cover band. Each year they play Red Rocks to mark the anniversary of the Beatles performance there many years ago. 12 clients and 3 staff set out for an amazing night of music and fun.

It is heart-warming to see how many of our clients know and love the Beatles music. Ben Wharton, our resident Beatles fanatic, sang every word to every song and smiled the night away.

It was a true joy to see so many of our clients come together for

this special event. They enjoyed each others company and got to make a few new friends.

The other joy of the evening was to watch the response of the general public to our presence there. It was wonderful to see so



The View from our seats.

many people reaching out to experience our group. Total strangers became singing and dancing partners to our gang. The staff at Red Rocks went above and beyond to insure our safety and comfort. That night, we truly got by, with a little help from our friends!

It was a long night of celebration and a memory that those present will not soon forget. It is our hope and desire to make the trip to Red Rocks an annual event. And it seems clear that our clients love of music and celebration will not fade anytime soon. Onward with the Magical Mystery Tour!!!!